

RHEUMATOLOGY

# MIR-146A AN IMPORTANT KEY PLAYER IN BONE METABOLISM

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## Background

Micro RNAs (miRNAs) play a crucial role in the regulation of bone metabolism. MiR-146a, an important anti-inflammatory miRNA, was found to negatively impact osteogenesis and bone regeneration in vitro, by controlling the differentiation of mesenchymal stem cells. But to date the role of miR-146a in bone remodelling, its influence on bone stability and

development of osteoporosis is not known.

#### A <u>Trabecular and cortical bone volume of</u> MiR-146a<sup>-/-</sup> animals increases with age



#### Trabecular bone of miR-146a<sup>-/-</sup> animals show B different porosity and interconnectivity



A, µCT pictures of trabecular and cortical bone from wild type (wt) and miRNA-146a deficient tibial bone, over an age of 3 to 6 months.

#### Aged miR-146a deficient animals show activated Osteoclasts as well as Osteoblasts



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B,  $\mu$ CT analysis of trabecular bone from wt and miR-146a<sup>-/-</sup> tibiae (Tb) was done over an age of

3 to 16 month. Shown are Bone volume per Tissue volume (BV/TV), trabecular Porosity

(Tb.Porosity) and Connectivity Density (Conn.D.).

# D MiR-146a<sup>-/-</sup> animals are protected from OVX induced bone loss





D, WT and miR-146a<sup>-/-</sup> animals were ovariectomized, sham operated animals were used as controls. After four weeks µCT analysis of bone volume per tissue volume (BV/TV), Cortical tickness and Bone mineral density (BMD)

was done.

C, Protein expression level of β-CrossLaps (CTXI) in sera of wt and miR-146a deficient animals was analysed by Elisa. Histological pictures of Calcein labelled trabecular bone of wt and miR-146a<sup>-/-</sup> animals. Expression level of RUNX2 was assessed in femural bones of wt and miR-146a<sup>-/-</sup> animals over an age of 3 to 16 months.

### Conclusion

MiR-146a seems to control bone turnover and miR-146a deficient mice accrue bone over time. Moreover

this miRNA has a negative influence on bone loss occurring during oestrogen loss induced osteoporosis.

Therefore miR-146a could be possibly used as therapeutic target in the treatment of osteoporosis.